COVID-19 SAFETY GUIDELINES
VOLUNTEER PROGRAM
HEALTH SELF-ASSESSMENT

Volunteer participants and event leaders should complete this COVID-19 health self-assessment **on the day of your volunteer event.**

At the event you will be asked only to acknowledge if you passed this self-assessment. If you do not pass or do not wish to complete this screening, please do not participate in the volunteer activity.

PLEASE READ EACH QUESTION AND ANSWER YES OR NO TO EACH QUESTION
This is a <u>self</u>-assessment – you do not need to submit any answers from this form.

1. Have you experienced any of the following symptoms in the past 48 hours:

- fever or chills
- cough
- shortness of breath or difficulty breathing

- fatigue
- muscle or body aches
- headache
- new loss of taste or smell

- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

2. Within the past 14 days, have you been in close physical contact* with:

- Anyone who is known to have laboratory-confirmed COVID-19?
- Anyone who has any symptoms consistent with COVID-19?

*defined as 6 feet or closer for a cumulative total of 15 minutes

3. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?

4. Are you currently waiting on the results of a COVID-19 test?

✅ **PASS:** If you answer **NO** to <u>all</u> the above, you passed the self-assessment to participate in the volunteer activity. Please read and sign the waiver/sign-in sheet online prior to arrival.

❌ **NOT PASSED:** If you answer **YES** to <u>any</u> of the above, please do not participate in the volunteer activity and email Volunteer & Special Event Coordinator to cancel RSVP.

This tool is based on the Centers for Disease Control Screening Tool: https://www.cdc.gov/screening/

THANK YOU FOR KEEPING OUR COMMUNITY SAFE AND HEALTHY!
FOR MORE DETAILS REGARDING THE SAFETY PLAN FOR VOLUNTEER ACTIVITIES, PLEASE CONTACT OUR VOLUNTEER & SPECIAL EVENT COORDINATOR AT: SHELBY.KROGH@BOTHELLWA.GOV.
FOR GENERAL COVID-19 INFO, VISIT PUBLIC HEALTH – SEATTLE & KING COUNTY: WWW.KINGCOUNTY.GOV/COVID

LAST UPDATE 02.12.2020

City of Bothell